

NEED A DISTRACTION?

SOMETHING PRODUCTIVE

- Learn a new language
- Learn how to code
- Learn how to play an instrument
- Study!
- Start your own blog
- Reply to some emails
- Clear out your room

SOMETHING EASY

- Play a video game
- Binge watch something on Netflix
- Listen to a new album
- Do some colouring in
- Read a comic book
- Put on some music & dance!
- Bake something delicious

SOMETHING RELAXING

- Watch How It's Made
- Read a book
- Watch Binging With Babish
- Do some painting
- Listen to an audiobook
- Have a nap
- Go for a walk

SOMETHING INTERESTING

- Watch a documentary
- Read a non-fiction book
- Fall down a Wikipedia hole
- Look up new words
- Try out Google Easter eggs
- Visit a museum
- Go somewhere you've never been

PERSONAL FAVOURITES

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